



# CROSSOVER

2019 21<sup>st</sup>-23<sup>rd</sup> June  
Shillong



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"**Cross Over 2019**" was held at Shillong, India under the banner of CME Foundation of India (CMEFI).

The CME was designed to get all the Neurologist, psychiatrist and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management of Neurological & psychological diseases with their level of morbidity and mortality and its associated spectrum of complications. Well known Neurologist, psychiatrist and General Physician were invited to share their knowledge and Experience.

The Introductory speech was given by CMEFI. He emphasized the main role played by CME Foundation of India.

The CME was attended by 60 Doctors all round India.

Date: **21<sup>st</sup> – 22<sup>nd</sup> June 2019**

Venue: **Shillong, India.**



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## Scientific Sessions

Day 1:  
Friday, 21<sup>st</sup> June 2019

| Time           | Topic   | Neuro Speaker<br>(30 Minutes) | Psychia Speaker<br>(30 Minutes) | Chairperson  |
|----------------|---|-------------------------------|---------------------------------|--|
| 15.30-16.30 PM | Registration & Check-In   |                               |                                 |  |
| 16.30-17.30 PM | Psychiatric co-morbidities of Epilepsy – Personality, ADHD, Sleep dis, Bipolar, Substance addiction | Dr Ajith Cherian              | Dr Supriya Hegde                | Dr N Duraisamy<br>Dr Jaydeep Bansal<br>Dr R M Sharma<br>Dr J R Thapa       |
| 17.30-18.00 PM | Panel discussion  |                               |                                 |  |
| 18.00-19.00 PM | REM sleep disorders- A question of sleep or Neuro-degeneration                                      | Dr Baiakmenlang Synmon        | Dr PN Sureshkumar               | Dr Sudesh Prabhakar<br>Dr O P Arora<br>Dr Amulya Bharat<br>Dr Kumar Gaurav |
| 19.30 onwards  | Dinner  |                               |                                 |  |

### Program Co-ordinators

**Dr. Nilesh Shah, Dr. Anukant Mital, Dr Ajith Cherian, Dr. Ashish Sharma**





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## Scientific Sessions

Day 2:  
Saturday, 22<sup>nd</sup> June 2019

| Time           | Topic  | Neuro Speaker<br>(30 Minutes) | Psychia Speaker<br>(30 Minutes) | Chairperson   |
|----------------|--|-------------------------------|---------------------------------|---|
| 10.00-11.00 AM | Break Fast   |                               |                                 |   |
| 11.00-12.00 PM | Drug induced movement Disorders:<br>Acute-Dystonia & Akathisia Subacute-Drug<br>induced Parkinsonism Chronic-Tardive<br>Dyskinesia | Dr E Arunraj                  | Dr Sivasailam                   | Dr Fiju Chako<br>Dr Atul Prasad<br>Dr B S Shekhawat<br>Dr Mahendra Jain   |
| 12.00-12.30 PM | Panel discussion   |                               |                                 |   |
| 00.30-14.30 PM | Lunch  |                               |                                 |   |
| 14.30-15.30 PM | Hypersexuality in Neuro-psychiatric<br>disorders, from dis-inhibition to impulsivity   | Dr Ashish Sharma              | Dr Priyaranjan<br>Avinash       | Dr Ravinder Dhamija<br>Dr R M Sahoo<br>Dr Manilal Gada<br>Dr Pankaj Kumar |
| 15.30-16.00 PM | Panel discussion   |                               |                                 |   |
| 16.00-16.30 PM | High Tea   |                               |                                 |   |
| 16.30-17.00 PM | Closing Ceremony   |                               |                                 |   |



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### Summary of Cross Over 2019

- The CME was conducted at Shillong, India. It was aimed to bring together the Neurologist, psychiatrist and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management Neurological & psychological diseases with their level of morbidity and mortality and its associated spectrum of complications.
- In this CME, Different topics such as psychiatric co – morbidities of epilepsy –personality, ADHD, Sleep disorder, bipolar substance addiction, REM sleep disorder – A question of sleep or neuro degeneration, drug induced movement disorders – acute dystonia, Achalasia subacute, Drug induced Parkinsonism chronic tardive dyskinesia, Hyper sexuality in psychiatric disorders from dis – inhibition to impulsivity was discussed in this event.
- Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion. It was a very interactive session and the delegates thoroughly enjoyed it.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.



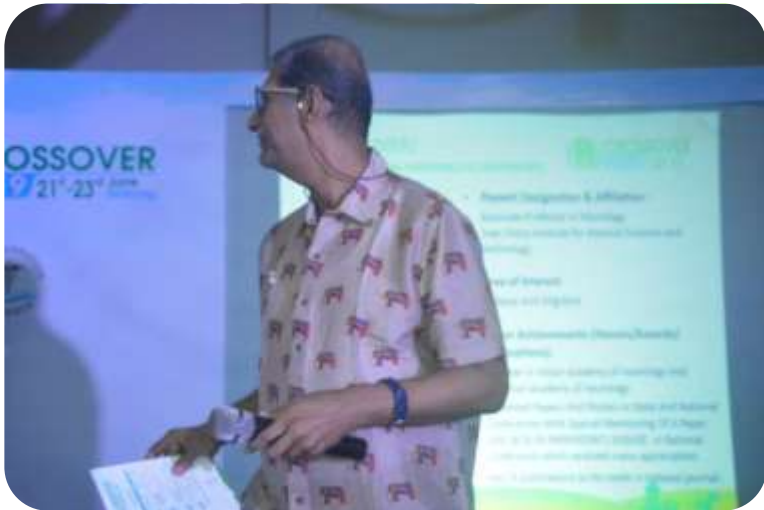
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*Photo-snaps*







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